

Dr. Pasto was standing on the front porch of his house. It was a beautiful day. The sun was shining, the birds were singing, and Dr. Pasto was whistling as he watered his flowers. Anne Jones came walking up the sidewalk leading to the porch. She looked nervous and upset.

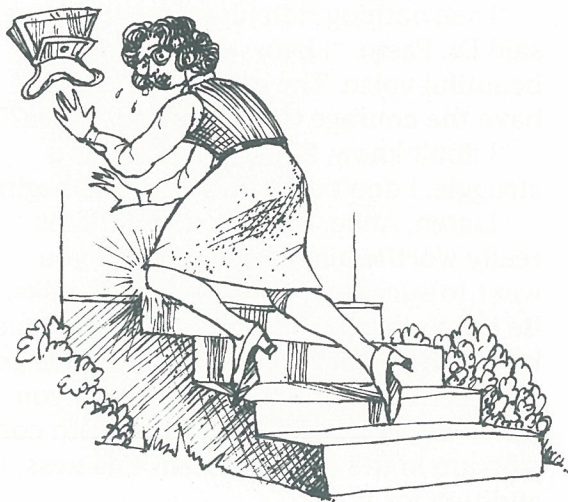
“Dr. Pasto,” she called. “I need to speak to you. Do you have a few minutes?”

“Of course, Anne,” replied Dr. Pasto. “I always have time to talk to good friends. Come up and have a nice cold glass of lemonade.”

Anne started up the steps. On the way she stumbled and bumped her knee. Then she burst into tears.

“Oh, Dr. Pasto,” she cried. “I’m so clumsy and awkward and useless. Sometimes I wish I had never been born.”

“Now, Anne,” said Dr. Pasto. “We all have our bad moments, but it’s a crime to be sad on a day like today. Why don’t you tell me your problems? Perhaps I can help you.”



Anne's hand was shaking as she accepted a glass of lemonade from Dr. Pasto. It slipped from her hand and fell to the floor. Pieces of glass and ice and drops of lemonade flew everywhere. Anne began to cry even harder. "That's part of the problem, Dr. Pasto," she said. "Everything I touch falls apart or breaks. I can't do anything right."

"Well, Anne," said Dr. Pasto. "Experience has shown me that being clumsy or accident prone is not usually a problem in itself, but a symptom of a deeper problem or difficulty. Now, what is it that's upsetting you, Anne?"

"Well, Dr. Pasto," said Anne, drying her tears. "I can't stand my job. It makes me feel so frustrated. There's never anything interesting to do, and when there is, Mr. Bascomb never lets me do it. He has Barbara do all the important work."

"Can you give me an example, Anne?"

"Yes. Just yesterday, for instance. Mr. Bascomb called me into his office and started dictating a speech he was going to give at the Founders' Club. There was very little time and he kept looking over my shoulder, which made me very uncomfortable. I made a lot of mistakes and Mr. Bascomb got upset with me. He said that I was a lousy secretary. Naturally, I felt terrible, Dr. Pasto. He always makes me do the uninteresting, routine work, and when he finally lets me do something important, I make a mess of it."

"Hmm, I see," said Dr. Pasto. "You're clumsy and you break things because you're nervous, and you're nervous because you're dissatisfied with your job. Is it just Mr. Bascomb you don't like, or don't you like being a secretary?"

"Actually, I guess Mr. Bascomb is all right," replied Anne. "The trouble is with me. I wish I'd never become a secretary."

"Well, some people aren't suited for some jobs, Anne, and it's foolish to go against your nature. Now, tell me, what would you really like to do?"

Anne blushed and hesitated. "Well," she said, "I know it sounds ridiculous, but I'd really like to be a professional singer."

"I see nothing ridiculous in that, Anne," said Dr. Pasto. "I know you have a beautiful voice. The question is, do you have the courage to follow your dream?"

"I don't know, Dr. Pasto. It's such a struggle. I don't even know how to begin."

"Listen, Anne. Nothing in life that is really worthwhile comes easily. If you want to succeed, you have to take risks. Be bold and courageous. When you look back on your life, you'll regret the things you didn't do more than the things you did." Anne nodded silently. Dr. Pasto continued, "I have some friends in Hollywood who are in the entertainment business. I'm sure they'd be happy to arrange an audition for you."



Anne started to smile. "Oh, Dr. Pasto, if only I'd talked to you before. You're so wonderful. I feel my whole life is going to be different from now on. I'm going to give you a big kiss."

Anne was about to throw her arms around Dr. Pasto when she bumped into the table, causing the pitcher of lemonade to fall on the floor and break. Anne looked worried, but Dr. Pasto smiled. "Never mind, Anne. After all, it takes more than a few minutes to change your life."



### STORY QUESTIONS

1. Why did Anne go to see Dr. Pasto?
2. What's upsetting Anne?
3. Why is Anne dissatisfied with her job?
4. What would she really like to do?
5. What advice did Dr. Pasto give Anne? Do you agree with him?

### FREE RESPONSE

1. Why do some people continue at jobs they don't like?
2. Do you think it's better to take risks in life or to play it safe?
3. When was the last time you took a risk? What happened?
4. What is your dream? What would you really like to do?

**CLASS ACTIVITY** • Look at the pictures of Ellen and Robert. Can you guess what they're thinking?



Ellen



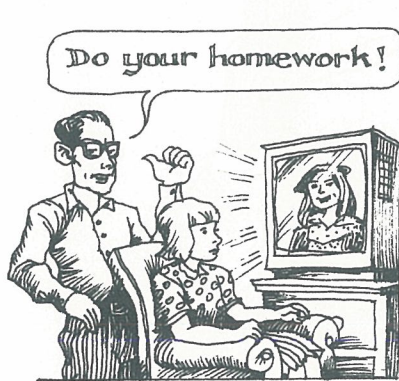
Robert

**LISTENING** • Listen to Ellen and Robert; then answer the questions below.

- What is Ellen's problem?
- What is Robert's problem?
- What advice would you give her?
- What advice would you give him?

**ROLE PLAY** • Student A plays Ellen. Student B plays Robert. Robert finally gets the courage to ask Ellen for a date. She's very surprised.

**PAIR WORK** • Ask and answer questions about the pictures.



1. A: Did Mr. Lassiter let Jenny watch TV?  
 B: **No. He made her do her homework.**



2. A: Did the park ranger let Marty and Billy fish in the pond?  
 B: **No. He made them leave.**



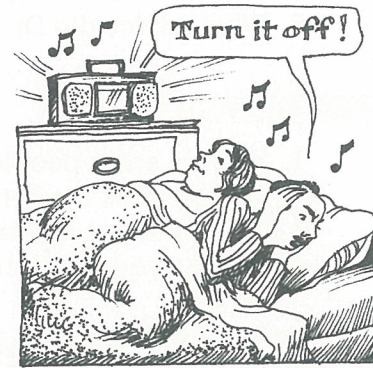
3. A: Did Mona let Fred sleep late?  
 B: **No. She made him get up.**



4. A: Did Mrs. Stumbo let her boys play in the kitchen?  
 B: **No. She made them get out.**



5. A: Did Johnnie let Ed use his comb?  
 B: **No. He made him give it back.**



6. A: Did Mr. Farley let his wife play the radio?  
 B: **No. He made her turn it off.**



7. A: Did Blossom let Ed eat with his fingers?  
 B: **No. She made him use a knife and fork.**

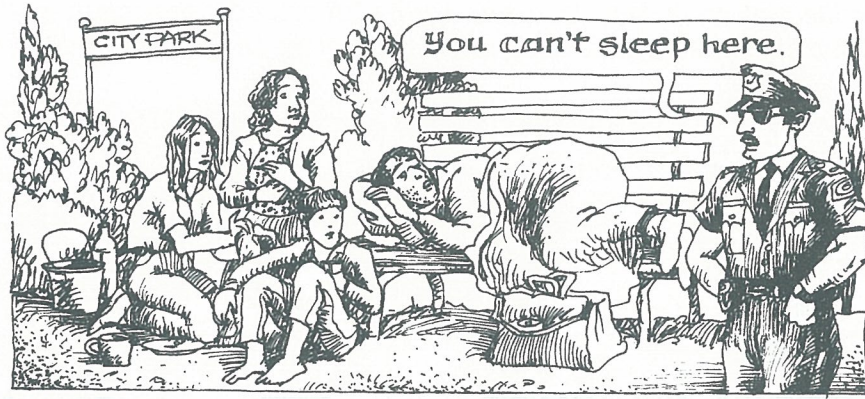


8. A: Did Mr. Bascomb let Anne and Barbara take a long coffee break?  
 B: **No. He made them get back to work.**



9. A: Did Mr. Meany let Candy pay with a credit card?  
 B: **No. He made her pay cash.**

**GROUP WORK** • Think of a time in your life when someone made you do something you didn't want to do. Share your experience with the group.



## FREE RESPONSE 1

1. Should cities let homeless people sleep in parks?
2. Should the government make everyone work?
3. Should companies let their employees wear jeans?
4. Should teachers make their students do homework every day?
5. Should parents let their children watch whatever they want on TV?
6. Should parents make their children help with the housework?
7. Should husbands let their wives be the boss?
8. Should wives let their husbands make the big decisions?

## WRITTEN EXERCISE • Complete the sentences.

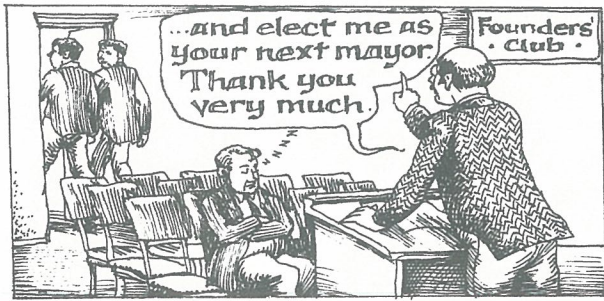
My neighbor pays someone \_\_\_\_\_ *to clean her house.*  
 \_\_\_\_\_ *to launder her clothes.*

1. The teacher expects his students \_\_\_\_\_
2. The doctor advises all of her patients \_\_\_\_\_
3. The landlord doesn't allow the tenants \_\_\_\_\_
4. We want the government \_\_\_\_\_
5. I can't get my sister \_\_\_\_\_
6. She always tells her husband \_\_\_\_\_
7. We often invite our friends \_\_\_\_\_
8. Would you please remind me \_\_\_\_\_

## FREE RESPONSE 2

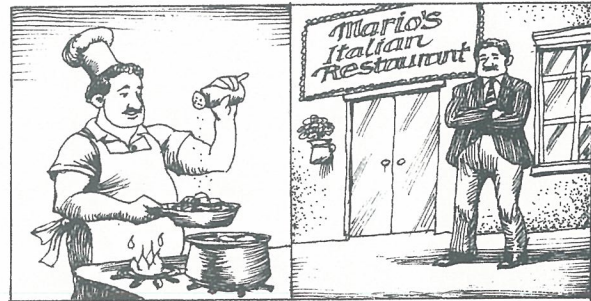
1. Do you pay to have your hair cut or do you cut it yourself?
2. Do you have your clothes laundered or do you wash them yourself?
3. When was the last time you had your eyes examined?
4. Have you ever had an X-ray taken? When? Where?
5. Have you ever had a dress (suit) (shirt) made?
6. Have you ever had anything stolen from your house? What were the circumstances?

**PRACTICE** • In the pictures below, the action on the left precedes the action on the right.  
Combine the sentences about the people in the pictures using the past perfect.



1. Almost everyone left the Founders' Club. Mr. Bascomb finished his speech.

Almost everyone **had left** the Founders' Club by the time Mr. Bascomb finished his speech.

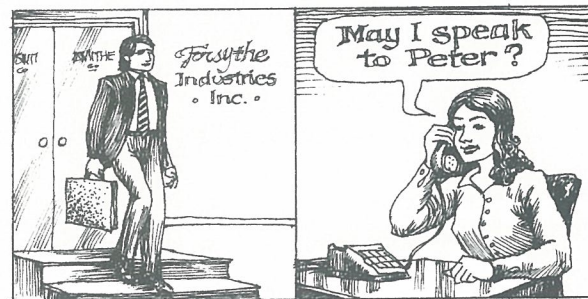


2. Mario worked as a cook for ten years. He opened his own restaurant.

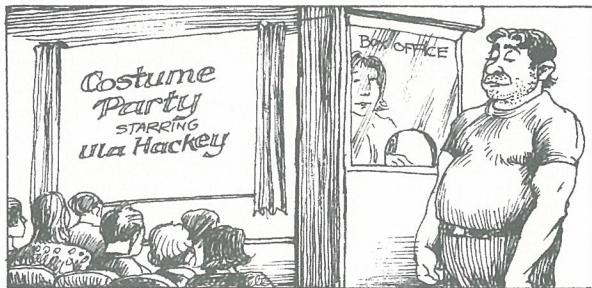
Mario **had worked** as a cook for ten years by the time he opened his own restaurant.



3. Sam got dressed. Mable woke up.



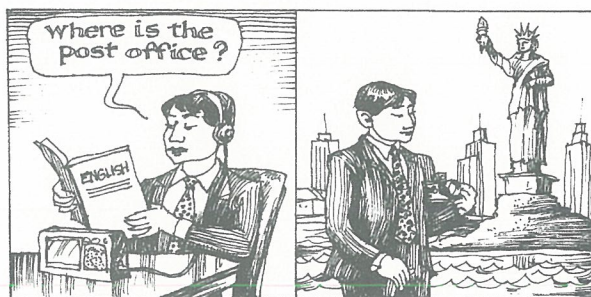
4. Peter went home. Maria called the office.



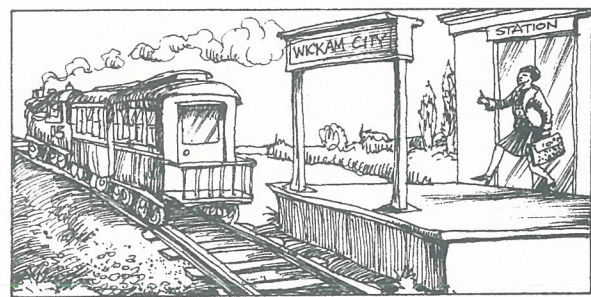
5. The movie started. Ed arrived at the theater.



6. Ed fell asleep. The movie ended.



7. Mr. Moto learned to speak English. He came to the United States.



8. The train left. Gloria got to the station.

**PRACTICE 1** • Combine the sentences using the past perfect with *because*.

He left his briefcase at home. He was upset.  
**He was upset because he'd left his briefcase at home.**

She lost her key. She couldn't open the door.  
**She couldn't open the door because she'd lost her key.**

1. He worked very hard. He was tired.
2. She forgot to send the letter. He was angry with her.
3. I finished my work. I could relax.
4. We spent all our money. We couldn't go to the movies.
5. She studied economics. She knew something about money.
6. He sold his car. He couldn't drive to work.
7. He hurt his leg. He couldn't walk very fast.
8. She missed the party. She was disappointed.
9. She lost eighty pounds. I didn't recognize her.

**WRITTEN EXERCISE** • Complete the sentences using *so, because, if, unless, and although*.

Your apartment will look better if you get some new furniture.  
I can't buy anything unless I get a loan from the bank.

1. They're tired \_\_\_\_\_ they've worked all day without a break.
2. They won't work overtime \_\_\_\_\_ they get paid for it.
3. They don't like the manager, \_\_\_\_\_ they won't listen to him.
4. He took time to help me \_\_\_\_\_ he was in a hurry.
5. I don't go out much \_\_\_\_\_ I have very little free time.
6. You should get more exercise \_\_\_\_\_ you want to stay healthy.
7. We don't have a car, \_\_\_\_\_ we take the bus to work.
8. We're going to be late \_\_\_\_\_ we leave now.
9. I don't know \_\_\_\_\_ Mary is going to the meeting or not.
10. She's a nice person \_\_\_\_\_ she talks too much.

**PRACTICE 2** • Make questions about the sentences below.

Sam is looking at some hats. He likes the gray one best. It costs twenty dollars.  
**What is he looking at? Which one does he like best? How much does it cost?**

1. The boys have gone to the lake.
2. They left an hour ago.
3. They went by bus.
4. It takes three hours to get there.
5. They'll arrive at noon.
6. They plan to do some fishing.
7. The weather is very good.
8. There are five boats on the lake.
9. The red boat belongs to Doc Wiley.
10. He paid a thousand dollars for it.
11. Doc has been fishing since eight o'clock.
12. He's happy because the fishing is good.

People have many different kinds of problems as they go through life: medical, financial, occupational, or legal, and often these problems are related. For example, Anne's problem is both personal and occupational. She is dissatisfied with her work because it gives her very little opportunity for self-expression. Her dissatisfaction is so great that it affects her personal life, making her nervous and unhappy. In smaller towns like Wickam City, people who are having problems usually go to their friends or family for advice. They can also rely on the church for guidance and support.

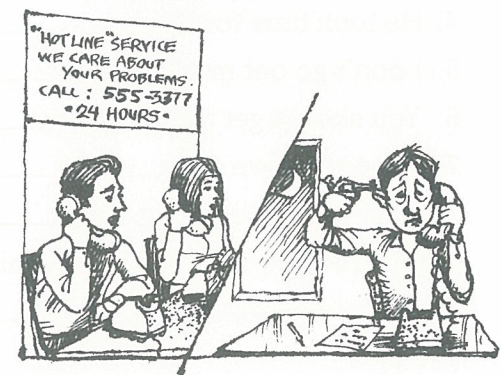
In larger urban areas, people often go to professional counselors for help in dealing with personal problems. Many cities in the United States provide family and marital counseling services to help resolve conflicts between members of the same family.

People who can afford it may go to a private psychiatrist for help. Psychiatrists often analyze their patient's dreams in order to gain a better understanding of their problems. Analysis can be very expensive, however, and for this reason many psychiatrists donate their time to public mental health clinics where people can receive counseling for a minimal fee. In Wickam City, Dr. Pasto gives free advice to just about anyone who comes to his door.

With the pressures of modern urban life, the lack of close personal relationships, and the increase in loneliness, suicide has become a serious concern. To try to prevent suicide, "hot lines" have been set up offering immediate help and advice to people in need. There are other "hot line" services covering a wide range of problems such as alcohol and drug addiction, wife beating, child abuse, and unwanted pregnancy.

As we have already seen in the case of Anne Jones, occupational difficulties may well cause serious personal as well as financial problems. People who are unemployed or in the wrong line of work might find the solution to their problems by going to an occupational counselor. Organizations and institutions offering help have increased enormously in recent years. There are so many of them nowadays that it can even be a problem finding the best place to get help for one's problems.

1. What are the major categories of problems for which people need help?
2. In smaller towns, where do people go for advice?
3. What is the purpose of family and marital counseling services?
4. Why do psychiatrists analyze their patients' dreams?
5. What are some of the causes of suicide?
6. How do "hot lines" try to prevent suicide?
7. What are some other problems covered by "hot line" services?





## FREE RESPONSE

1. Who do you talk to when you need help with a personal problem?
2. When was the last time you got some good advice? How did it help you?
3. When was the last time you gave someone advice? Did it help or not?
4. Has anyone ever given you bad advice?
5. Do you read advice columns in newspapers or magazines?
6. What are some of the organizations offering help in your community?
7. Have you ever done volunteer work in your community? If so, what did you do?
8. Do you think we should help those who are close to us before we help others? In other words, do you think charity begins at home?

**CLASS ACTIVITY** • Look at the pictures of Alice and Richard. What problems are they having in their marriage? What can they do to improve their relationship?



## ROLE PLAY

Student A plays a marriage counselor. Students B and C play a married couple.

*Situation: The wife tells the marriage counselor about the problems she is having with her husband. Then the husband gives his side of the story. The marriage counselor listens to their problems, asks each of them some questions, and then tries to give them some good advice.*

## COMPOSITION

1. Write about an organization in your community that offers help to people in need.
2. Write about a time when you helped someone or someone helped you. Was the person a stranger or a friend?
3. Do you agree with those who say that charity begins at home? Why or why not?

# VOCABULARY

|               |                     |                |                      |
|---------------|---------------------|----------------|----------------------|
| actually      | dentist             | kiss (n.)      | ridiculous           |
| against       | desperate           |                | risk (n.)            |
| annoy         | difficulty          | lead (v.)      | routine              |
| appointment   | disaster            | limited (adj.) | ruin (v.)            |
| arm (n.)      | dissatisfied (adj.) | lousy          |                      |
| arrange       | drop (n.)           |                | shoulder (n.)        |
| awkward       | dry (v.)            | memory         | symptom              |
|               |                     |                |                      |
| brave (adj.)  | foolish             | naturally      | uninteresting (adj.) |
| bump (v.)     | frustrated          | nonsense       | until (conj.)        |
|               |                     |                | urgent               |
| circumstances | hire (v.)           | porch          | useless              |
| convince      |                     |                |                      |
| courage       | ice (n.)            |                | water (v.)           |
|               | into                |                | whole                |

## EXPRESSIONS

|                               |   |            |               |
|-------------------------------|---|------------|---------------|
| Hah!                          | She was about to kiss Dr. Pasto.                            |            |               |
| What a life!                  | She was accident prone.                                     |            |               |
| What a terrible morning!      | She burst into tears.                                       |            |               |
| You wouldn't believe it.      | It's such a struggle.                                       |            |               |
|                               |   |            |               |
| You poor dear.                | If I've told you once, I've told you a thousand times . . . |            |               |
| We all have our bad moments.  | Nothing in life that is really worthwhile comes easily.     |            |               |
| I've got to run now.          |   |            |               |
| This will only take a minute. |   |            |               |
|                               |   |            |               |
| to be hard on someone         | to fall apart   | never mind | bad news      |
| to go against one's nature    | to fall asleep  | as soon as | for instance  |
| to make a mess of something   | to get upset  | on purpose | a rough draft |
| to run away from home         | from now on   | instead of | a great deal  |

# GRAMMAR SUMMARY

## PAST PERFECT: Affirmative

|            |                      |                        |                     |
|------------|----------------------|------------------------|---------------------|
| After      | I'd<br>(I had)       | gotten dressed,        | I left the house.   |
| As soon as | she'd<br>(she had)   | eaten breakfast,       | she went to work.   |
| When       | they'd<br>(they had) | finished their coffee, | they called a taxi. |

## Interrogative

|     |                   |  |         |
|-----|-------------------|--|---------|
| Had | you<br>he<br>they | been to the museum<br>met Miss Hackey<br>visited Los Angeles | before? |
|-----|-------------------|--|---------|

## Short Answers

|      |                   |      |
|------|-------------------|------|
| Yes, | you<br>he<br>they | had. |
|------|-------------------|------|

|     |                   |         |
|-----|-------------------|---------|
| No, | you<br>he<br>they | hadn't. |
|-----|-------------------|---------|

## WISH/IF ONLY

|         |     |                    |
|---------|-----|--------------------|
| I wish  | you | hadn't left.       |
| If only |     | had waited for me. |

## HAVE/GET SOMETHING DONE

|         |            |  |
|---------|------------|--|
| Barbara | had<br>got | her eyes examined.<br>the TV repaired. |
|---------|------------|--|

|     |  |                      |
|-----|--|----------------------|
| She | had Dr. Squint examine<br>got Tino to repair | her eyes.<br>the TV. |
|-----|--|----------------------|

## VERB + OBJECT + INFINITIVE (without TO) MAKE

|      |      |     |                     |
|------|------|-----|---------------------|
| They | made | him | wash the dishes.    |
|      |      | her | clean the kitchen.  |
|      |      | us  | take out the trash. |

## LET

|    |     |      |                      |
|----|-----|------|----------------------|
| He | let | her  | use the computer.    |
|    |     | them | borrow his camera.   |
|    |     | me   | see his photographs. |